Fiskerton CE Primary School

PE

Intent, Implementation and Impact Statement

Belonging, learning and flourishing together in God's love.

'Encourage one another and build each other up' (1 Thessalonians 5:11)

PE Curriculum Intent

Rooted in God's love and inspired by St Clement's call to live in harmony, our Physical Education curriculum, supported by Premier Education, reflects our commitment to being an inclusive and caring church school where every individual is known, valued and nurtured. We aim to inspire pupils to develop confidence, resilience and a lifelong love of physical activity while experiencing a wide range of sports and physical experiences. Through this, we nurture teamwork, respect and perseverance, enabling pupils to appreciate the importance of health, wellbeing and active lifestyles in the wider world.

In line with our vision of belonging, learning and flourishing together, we support children to grow into confident, reflective and resilient individuals. Our Physical Education curriculum, supported by Premier Education, encourages pupils to work collaboratively, developing teamwork, communication and leadership skills while supporting and encouraging one another. Through this, pupils learn to value both their own achievements and the contributions of others, living out our underpinning Bible verse: "Encourage one another and build each other up" (1 Thessalonians 5:11).

Our progressive Physical Education curriculum, supported by Premier Education, is carefully sequenced to build knowledge and skills over time. Through engaging and purposeful lessons, pupils develop fundamental movement skills such as agility, balance and coordination, alongside sport-specific skills and knowledge. As pupils move through the school, they build confidence, competence and independence, applying these skills in a range of contexts including team games, individual activities and healthy competition. They are encouraged to persevere, challenge themselves and develop a positive mindset, supported by high expectations and a nurturing environment.

Through high aspiration, encouragement and a love of physical activity, we empower all pupils to flourish and to be the very best they can be, equipping them with the skills, knowledge and confidence to lead healthy, active lives beyond primary school.

Implementation

Our Physical Education (PE) curriculum is delivered through a carefully structured and progressive sequence of lessons, supported by high-quality resources from the Premier Sports Education scheme. This ensures consistency, clear progression, and full coverage of the National Curriculum. The scheme is designed with a focus on developing key physical skills, including coordination, balance, and agility, alongside fostering important life skills such as teamwork, communication, and resilience. Through engaging lessons and structured activities, pupils are encouraged to take part in a variety of sports and physical activities, helping them to develop a lifelong love of physical activity.

PE is taught through two weekly lessons: one Premier Sports Education lesson and another teacher led lesson. Premier Sports Education ensures fundamental movement skills are taught through a variety of non-traditional games and activities, which enable all abilities to engage in lessons on a level playing field. Sports-specific lessons use the Premier Sports Education approach and language, encouraging children to apply the skills they've learned across a wide range of activities, including but not exclusively restricted to Dance, Gymnastics, Tag Rugby, Netball, Hockey, Cricket, Athletics, Tennis, Outdoor and adventurous and Health & Fitness.

In addition to these lessons, we provide opportunities for extra-curricular learning through lunchtime and after school clubs and activities designed to foster physical, social, and mental development during, and after school, alongside remote competitive sporting events. This inclusive approach aims to promote physical development and the well-being of all children, encouraging them to lead active and healthy lives.

Impact

Our curriculum aims to enhance the well-being and fitness of all children, not only through the sporting skills taught but also through the core values that Physical Education promotes. The impact of our approach is that children will develop an understanding of the importance of taking ownership of their own health and fitness journey. This will enable them to grow into independent, resilient learners, equipped with essential life skills for the future.

We aim to make a difference by:

- Promoting healthy lifestyles, leadership, sportsmanship, teamwork, and physical activity across all areas of the school. These values are integrated into every subject and are key to preparing pupils for life beyond school.

- Preparing pupils for the next stage of their education, equipping them with the skills, confidence, and mindset needed for future learning.
- Embedding life skills that help children develop a deep understanding of the importance of an active, healthy lifestyle, fostering a mindset that values fitness and well-being.
- Cultivating a lifelong love of physical activity, encouraging pupils to enjoy being active and develop a passion for maintaining their physical health.
- Fostering a strong sense of belonging where pupils feel they are part of a team, believe in their potential, and strive to be physically, socially, and emotionally well.
- **Building positive attitudes, skills, and knowledge** to empower pupils to become leaders in their communities, both within and outside of school.
- **Providing memorable experiences** throughout their physical education journey, ensuring that every pupil has the opportunity to participate in a wide range of activities and experiences.
- **Ensuring pupils enjoy being active** and look forward to participating in lessons, creating an environment where physical activity is fun, engaging, and valued.
- **Maintaining high expectations** for PE and school sport, with a continued focus on excellence and achievement.
- **Fostering a competitive spirit**, with pupils able to represent the school in remote competitions and events.
- **Enhancing fundamental movement skills**, enabling all pupils to become more confident and physically capable, improving overall fitness and athleticism.
- **Maximizing the use of the School Sports Premium** to continually raise the profile and quality of PE provision, ensuring that every child has access to high-quality physical education.

Through these initiatives, we will develop well-rounded, confident, and healthy young people who value fitness and well-being, and who are ready to thrive in the next stage of their educational journey.